

Curriculum Vitae
William R. Taboas, Ph.D.

EDUCATION

- 08/10 – 08/17 **Doctor of Philosophy**, Fordham University, New York, NY
 Major: Clinical Psychology (APA Approved Program)
 Dissertation: The Treatment of Incompleteness as a Core Dimension of Obsessive-Compulsive Symptoms
 Advisor: Dean McKay, Ph.D., ABPP
 Date of Defense: March 20, 2017
- 08/10 – 8/12 **Master of Arts**, Fordham University, New York, NY
 Major: Clinical Psychology (APA Approved Program)
 Thesis: The Role of Family Accommodation and Therapeutic Alliance in Intensive Cognitive-Behavioral Therapy Outcomes for Youth Obsessive-Compulsive Disorder
 Advisor: Dean McKay, Ph.D., ABPP
- 08/07-5/09 **Master of Arts**, Teachers College, Columbia University, New York, NY
 Major: Psychology in Education
- 08/05 – 05/07 **Bachelor of Arts**, University of Puerto Rico Rio Piedras, San Juan, PR
 Major: Psychology
- 08/02 – 05/06 **Bachelor of Science**, University of Puerto Rico Rio Piedras, San Juan, PR
 Major: General Sciences; Concentration: Biology

LANGUAGES

Native Spanish speaker.

RESEARCH EXPERIENCE

- 09/17 – Present **Postdoctoral Research Fellow**
 San Diego State University Research Foundation, San Diego, CA
 Center for Understanding and Treating Anxiety (CUTA)
Supervisor: Nader Amir, Ph.D.
Experiences:
- Administer semi-structured interview assessments for clinical trials for youth and adult anxiety disorders (SCID, KSADS).
 - Supervise undergraduate and post-baccalaureate research assistants.
 - Coordinate site and data management for a multicenter trial of attention training for youth anxiety disorders.
 - Data analysis, manuscript preparation and publication. Grant writing.
- 07/16 – 06/17 **Research Intern**
 Westchester Jewish Community Services, Hartsdale, NY
Supervisor: Elana Spira, Ph.D.
Description: Study examines the feasibility and the utility of the Treatment Outcomes Package (TOP) for a community mental health setting.
Experiences:

- Conduct statistical analyses to examine clinical change over time in an outpatient clinical population.
- Examine process variables of determine fit and feasibility of the TOP within clinician use.

11/10 – 07/16

Research Coordinator

Fordham University, Bronx, NY

Supervisor: Dean McKay, Ph.D., ABPP

Description: Study examines the effectiveness of 5-day intensive CBT for children with Obsessive-compulsive disorder (OCD) in comparison to 8-week CBT for anxiety disorders.

Experiences:

- Evaluate and diagnose children and adolescents with anxiety disorders, to allocate participant to appropriate experimental group and formulate plan of treatment.
- Treat children and adolescents with anxiety disorders using exposure and response prevention techniques, in-vivo and web-cam delivered.

04/11 – 09/13

Research Assistant

Parent Social-Cognitive Processing Intervention Program, Columbia University Medical Center, New York, NY

Supervisor: Stephen Sands, Ph.D.

Description: Study investigated the neuropsychological and quality of life effects arising from the treatment of pediatric cancer.

Experiences

- Provided CBT to parents of children undergoing bone-marrow transplant.
- Advocated and provided treatment to Spanish speaking families with children affected by cancer.

11/07 – 05/09

Research Assistant

Mood and Anxiety Disorders Program, Mount Sinai School of Medicine, New York, NY

Projects: Project 1 examined how the levels of tryptophan affect participants in high risk for depression. Project 2 examined the levels of traumatic stress symptoms of Pakistan earthquake survivors.

- Conducted intake interviews and recruit participants for study.
- Administered and scored neuropsychological tests to participants.

01/08 – 01/09

Research Assistant

Project to Understand Reactions to Loss, Teachers College, Columbia University, New York, NY

Supervisor: George Bonanno, Ph.D.

Project: Study examined the psychological adjustment of adults who have lost a spouse.

- Coded, and rated emotion in facial expressions utilizing Facial Action Coding System (FACS).
- Administered computerized Stroop Tasks to participants to collect data for analysis.

08/06 – 06/07

Research Assistant

University Center for Psychological Services and Research, University of Puerto Rico, Río Piedras, Puerto Rico

Project: Study examined the effectiveness of CBT for depression in Puerto Rican adolescents.

- Performed consistency, adherence, and reliability checks of therapist conducting CBT session for adolescents diagnosed with MDD to ensure the proper execution of therapy procedures.

CLINICAL EXPERIENCE

07/16 – 06/17

Psychology Intern

Westchester Jewish Community Services, Hartsdale, NY (APA Approved Internship)
 Director of Internship: Liane Nelson, Ph.D.; Primary Supervisor: Carol Chu-Peralta, Ph.D.

Rotations & Experiences:

- Conduct Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) and STAIR-NT to youths and adults with a history of trauma.
- Conduct Parent Management Training (PMT) to parents with children with developmental and autism spectrum disorders, behavioral disorders, and anxiety disorders.
- Co-lead a Multifamily Dialectical Behavior Therapy (DBT) group for adolescents and parents.
- Co-lead a social skills group for children with developmental disorders.
- Conduct forensic clinical evaluations for the Court Assessment Program.
- Administered and interpreted comprehensive psychological evaluations (e.g., behavioral, cognitive, personality, and neuropsychological tests) child, adolescent, and adult patients.
- Provide clinical supervision to a graduate level psychology extern.

Population Served:

- Adults, children, and adolescents with developmental, anxiety, mood, trauma, and personality disorders in an outpatient setting.

08/14 – 07/16

Psychology Fellow

The Albert Ellis Institute, Manhattan, NY
 Supervisors: Kristene A. Doyle, Ph.D., Sc.D.; Raymond DiGiuseppe, Ph.D., Sc.D.; Michael Hickey, Ph.D.

Experiences:

- Conducted Rational-Emotive Behavior Therapy (REBT) & Cognitive Behavioral Therapy (CBT).
- Co-led Anger Management group for adults.
- Administered and interpreted comprehensive psychological evaluations (e.g., cognitive, personality, and vocational tests) to adult patients.

Population Served:

- Adults, children, and adolescents with anxiety, mood, anger, and personality disorders in an outpatient setting.

11/13 – 07/16

Psychology Associate

Institute for Cognitive Behavior Therapy & Research, White Plains, NY
 Supervisor: Dean McKay, Ph.D., ABPP; Kevin McKiernan, Ph.D.

Experiences:

- Conducted Behavior Therapy (BT) and CBT.
- Administered and interpreted comprehensive psychological evaluations (e.g., cognitive, personality, and neuropsychological tests) child and adolescent patients.

Population Served:

- Adults, children, and adolescents with Obsessive-Compulsive and Related Disorders, anxiety, mood, and personality disorders in an outpatient setting.

08/13 – 06/14

Psychology Extern

St. Luke's Roosevelt Hospital Psychiatric Recovery Center, Manhattan, NY
 Supervisor: Yuko Hanakawa, Ph.D.

Experiences:

- Conducted CBT, Accelerated Experiential Dynamic Psychotherapy (AEDP), and adult DBT Skills groups.
- Administered and interpreted comprehensive psychological evaluations (e.g., cognitive, personality, and projective tests) to adult patients in both English and Spanish.

Population Served:

- Adolescents and adults with mood and psychotic spectrum disorders in an outpatient setting.

09/12 – 05/13

Psychological Assessment Extern

Bronx Lebanon Hospital Center Inpatient Unit, Bronx, NY

Supervisor: Ali Khadivi, Ph.D.

Experiences:

- Administered test batteries including cognitive, personality, and projective tests in both English and Spanish.
- Wrote reports to clarify patient diagnoses, guide treatment, refer to other facilities, and provide feedback to patient.
- Collaborated with an interdisciplinary team to formulate treatment and discharge plans.

Population Served:

- Adults, adolescents, children, ~75% Latino and African origin population, in an inpatient setting.

09/11 – 05/12

Family Therapy Extern

Roberto Clemente Family Counseling Center, Manhattan, NY

Supervisor: Oscar Ocasio, Ph.D.

Experiences:

- Utilized integrative therapeutic interventions (e.g., family systems therapy, CBT, interpersonal therapy).
- Conducted intake interviews and collaborated with an interdisciplinary team to formulate treatment plans.

Population Served:

- Adults and adolescents, Latino population, in an inpatient setting.

TEACHING EXPERIENCE

09/13 – 06/14

Teaching Fellow

Department of Psychology, Fordham University. Bronx, NY

Undergraduate Courses:

- Biospsychology (PSYC 1100)
- Introduction to Clinical Psychology (PSYC 3930)

HONORS AND AWARDS

2013 – 2014

Teaching Fellowship

2010 – 2013

Presidential Scholarship, Fordham University

2003 – 2007

Dean's List, University of Puerto Rico

PROFESSIONAL SERVICE

08/15 – Present

Associate Website Editor

Association of Behavioral and Cognitive Therapy (ABCT)

PEER REVIEWED PUBLICATIONS

1. Ojserkis, R., **Taboas, W.**, & McKay, D. (2017). Disgust in psychopathology: Mechanisms and treatment. In D. McKay, J.S. Abramowitz, & E.A. Storch (eds.), *Mechanisms of Syndromes and Treatment for Psychological Problems*. Chichester, UK: Wiley.
2. Borda, T., Neziroglu, F., **Taboas, W.**, McKay, D., & Frenkiel, L. (2017). Overvalued ideation in adolescents with obsessive-compulsive disorder. *Psychiatry Research*, 255, 66-71.
3. **Taboas, W.**, Ojserkis, R., & McKay, D. (2014). Change in disgust reactions following cognitive-behavioral therapy for childhood anxiety disorders. *International Journal of Clinical and Health Psychology*, 15(1), 1-7.
4. **Taboas, W.**, McKay, D., Whiteside, S. P. H., & Storch, E. A. (2014) Parental involvement in youth anxiety treatment: Conceptual bases, controversies, and recommendations for intervention. *Journal of Anxiety Disorders*, 30, 16-18. doi: <http://dx.doi.org/10.1016/j.janxdis.2014.12.005>
5. **Taboas, W.**, McKay, D., & Taylor, S. (2012). Does *Toxoplasma gondii* play a role in obsessive-compulsive disorder? *Psychiatry Research*, 198(1), 176-177.

CONFERENCE PRESENTATIONS

1. **Taboas, W.**, McKay, D., Hoffman, J.H. (2014). Incorporating learning theory principles to inform erp in the treatment of complex OCD symptoms. Panel presented at the 21st annual meeting of the International Obsessive-Compulsive Disorder Foundation, Los Angeles, CA.
2. **Taboas, W.**, Morris, B., & McKay, D. (2014, April). Parental anxiety sensitivity and general psychopathology as predictors of treatment outcomes in youth obsessive-compulsive disorder. In J.F. McGuire (Chair), *Advances in Clinical, Neuropsychological, and Phenomenological Research in Pediatric OCD: Implications for Assessment and Treatment*. Symposium presented at the 34th annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
3. McKay, D., **Taboas, W.**, & Ojserkis, R. (2014). Disgust and treatment outcome in youth obsessive-compulsive disorder. In J. McGuire (Chair), *Advances in the Phenomenology of OCD: Implications for Assessment and Treatment*. Symposium presented at the 34th annual meeting of the Anxiety and Depression Association of America, Chicago, IL.
4. **Taboas, W.**, Gryczkowski, M., Whiteside, S., McKay, D., Storch, Eric. (2013). The role of family accommodation and therapeutic alliance in youth obsessive-compulsive disorder. Presented at the 33rd Annual Anxiety Disorders Association of America, La Jolla, California.
5. McKay, D., **Taboas, W.**, Arocho, J., Brand, J., Morris, B., Nave, A., Ojserkis, R., Pilecki, B., & Reid, J. (2013). Intensive cognitive-behavior therapy delivered via webcam for childhood obsessive-compulsive disorder. In S. Whiteside (Chair), *Bringing research and treatment to the patient through advances in electronic technology*. Symposium presented at the 33rd Annual Anxiety Disorders Association of America, La Jolla, California.

RESEARCH POSTER PRESENTATIONS

1. **Taboas, W.**, Pzena, R., Cheney, B., Charles, D., DiGiuseppe, R. (2016) The development of the anger management outcomes questionnaire. Poster presented at the 124th annual convention of the American Psychological Association, Denver, Colorado.
2. **Taboas, W.**, Sinclair, M., Roszyk, M., McKay, D. (2016). Treating obsessive-compulsive incompleteness utilizing inhibitory learning. Poster presented at the 36th Annual Anxiety Disorders Association of America, Philadelphia, Pennsylvania.
3. **Taboas, W.**, Gryczkowski, M., Whiteside, S., McKay, D., Storch, Eric. (2012). Addressing family accommodation and therapeutic alliance in youth obsessive-compulsive disorder. Poster presented at the 32nd Annual Anxiety Disorders Association of America, Arlington, Virginia.
4. Reid, J., **Taboas, W.**, McKay, D. (2011). Delivering cognitive-behavioral therapy via skype: A preliminary investigation of feasibility and efficacy among youth with obsessive-compulsive disorder. Poster presented at the 45th Annual Conference of the Association for Behavioral and Cognitive Therapies, Toronto CA.
5. Skipper, J., **Taboas, W.**, Charney, D., & Feder, A. (2009, May). Attributional styles and risk for depression. Poster presented at the 72nd Annual New York State Psychological Association Convention, Saratoga Springs, NY.
6. Ahmad, S., Lee, E., **Taboas, W.**, Acosta-Moreno, G., Feder, A., & Charney, D. (2009, April). Trauma and resilience in the aftermath of the 2005 earthquake in Pakistan. Poster presented at New York University School of Medicine, New York, NY.
7. Feder, A., Skipper, J., Buchholz, K., **Taboas, W.**, Collins, K., Aan het Rot, M., Brodman, D.M., Sandor, S., Guise, K., Fan, J., Neumeister, A., & Charney, D.S. (2008). Tryptophan depletion and emotional processing in healthy volunteers at high risk for depression. Poster presented at the 47th Annual Conference of the American College of Neuropsychopharmacology, Scottsdale A.Z.

EDITORIAL ACTIVITIES

- Ad-Hoc Peer-Reviewer for:
 - Clinical Psychology: Science and Practice
 - Journal of Anxiety Disorders
 - Journal of Cognitive Psychotherapy
 - Journal of Consulting and Clinical Psychology
 - Journal of Obsessive-Compulsive and Related Disorders
 - Journal of Psychopathology
 - Journal of Psychopathology and Behavioral Assessment
 - Journal of Rational-Emotive Behavior Therapy
 - Psychological Assessment
 - The International Journal of Environmental Research and Public Health.

PROFESSIONAL AFFILIATIONS

2015 – Present	Association for Psychological Science (APS)
2015 – Present	Society for a Science of Clinical Psychology (SSCP)
2014 – Present	International Obsessive-Compulsive Disorder Foundation (IOCDF)
2011 – Present	Association of Behavioral and Cognitive Therapy (ABCT)
2011 – Present	Anxiety Disorders Association of America (ADAA)
2007 – 2011	American Psychological Association (APA)